



Fertility and Family Building Benefits

Black Maternal Health Resources and Support

Black women in the United States continue to face disproportionately high risks across the reproductive health spectrum. Black women are more than three times more likely to experience pregnancy-related mortality, and half as likely to be evaluated for infertility than white women.¹

Progyny is a fertility and family building benefit committed to providing access to care and personalized support throughout the family building journey. We have compiled helpful tools below as a great starting point for understanding diagnoses, treatment options, how to receive necessary support, and more.



For more information on Black Maternal Health, explore the resources below:

- [Black Health and Wellness | Progyny](#)



Podcasts, Videos, and Webinars:

- [Unexpected Detours: A Black Woman on the Journey to Parenthood | Progyny](#)
- [When the Right Decision is a Difficult One | Progyny](#)
- [The Quest to Connect BIPOC Women to Medical Professionals | Progyny](#)
- [Empowering Resilience: A Broken Brown Egg AHA Grant Winner's Story | Progyny](#)
- [Infertility in the Black Community: Understanding the Health Conditions | Progyny](#)
- [Fertility and Maternal Health in the Black Community | Progyny](#)

**To learn more about your benefit,
contact your Progyny Care Advocate
at 888.597.5065**

Progyny is available Monday through Friday, 9 am–9 pm ET.

1. <https://pmc.ncbi.nlm.nih.gov/articles/PMC12039294/>